

Prueba 1
12/11/2022

Masc., 200m Libre

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo	
1. HERRERA TORRES, Carlos	04	Metropole	1:55.78	38,00
50m: 27.44 27.44 100m: 57.26 29.82 150m: 1:27.31 30.05 200m: 1:55.78 28.47				
2. SANTANA RAMIREZ, Ángel	04	Metropole	1:56.44	35,00
50m: 27.72 27.72 100m: 57.32 29.60 150m: 1:27.32 30.00 200m: 1:56.44 29.12				
3. MORALES PULIDO, Kevin Jesus	93	LasPalmas	1:56.64	33,00
50m: 27.89 27.89 100m: 57.93 30.04 150m: 1:26.91 28.98 200m: 1:56.64 29.73				
4. RIJO MARTIN, Hugo	05	Esna Lanzarote	1:56.84	32,00
50m: 27.81 27.81 100m: 57.28 29.47 200m: 1:56.84 59.56				
5. MANZATTO, Nicolas	06	Esna Lanzarote	1:56.96	31,00
50m: 27.92 27.92 100m: 57.68 29.76 200m: 1:56.96 59.28				
6. SANCHEZ JIMENEZ, Bruno	92	LasPalmas	1:57.09	30,00
50m: 27.52 27.52 100m: 57.41 29.89 150m: 1:27.38 29.97 200m: 1:57.09 29.71				
7. LORENÇO FERREIRA, Gustavo	06	C.D.N. Nadamas Las Marinas	1:58.51	29,00
50m: 28.02 28.02 100m: 58.01 29.99 200m: 1:58.51 1:00.50				
8. HOLZENDORF DIONIS, Thomas	97	C.N. Reales	1:59.41	28,00
50m: 27.20 27.20 100m: 56.65 29.45 150m: 1:27.72 31.07 200m: 1:59.41 31.69				
9. GUADALUPE NEGRIN, Jorge Ramses	03	R.C. Náutico De Tenerife	1:59.85	27,00
50m: 27.41 27.41 100m: 57.49 30.08 150m: 1:28.39 30.90 200m: 1:59.85 31.46				
10. DE ARMAS DELGADO, Juan Jose	07	C.D.N. Nadamas Las Marinas	1:59.92	26,00
50m: 28.38 28.38 100m: 58.71 30.33 200m: 1:59.92 1:01.21				
11. GARCIA LOPEZ, Javier	99	R.C. Náutico De Tenerife	2:00.38	25,00
50m: 27.37 27.37 100m: 57.56 30.19 150m: 1:28.47 30.91 200m: 2:00.38 31.91				
12. LUIS ALVAREZ, Oscar	02	A.D. Santa Cruz	2:01.50	24,00
50m: 28.49 28.49 100m: 59.28 30.79 150m: 1:30.98 31.70 200m: 2:01.50 30.52				
13. CAPLLONCH DE UÑA, Ismael	07	C.N. Los Cristianos	2:01.57	23,00
100m: 59.96 59.96 200m: 2:01.57 1:01.61				
14. LATTANZIO ORTIVEROS, Kevin Alesio	05	C.N. Los Cristianos	2:01.99	22,00
50m: 27.84 27.84 100m: 58.56 30.72 150m: 1:30.28 31.72 200m: 2:01.99 31.71				
15. PORRERO MARTIN, Jorge	07	C.N. Teneteide	2:02.92	21,00
50m: 28.47 28.47 100m: 59.74 31.27 150m: 1:31.31 31.57 200m: 2:02.92 31.61				
16. MORALES LEMES, Marcos	05	C.D. Zero Wattios	2:03.49	20,00
50m: 29.00 29.00 100m: 59.77 30.77 200m: 2:03.49 1:03.72				
17. GUILLEN PEÑA, Victor	02	A.D. Santa Cruz	2:04.38	19,00
50m: 28.18 28.18 100m: 58.60 30.42 150m: 1:31.00 32.40 200m: 2:04.38 33.38				
18. BELLO HERNANDEZ, Sergio	04	C.N. Reales	2:05.08	18,00
50m: 28.70 28.70 100m: 59.67 30.97 150m: 1:32.12 32.45 200m: 2:05.08 32.96				
19. AVERO RODRIGUEZ, Aday	07	C.D. Herbania	2:07.29	17,00
50m: 29.21 29.21 100m: 1:01.98 32.77 200m: 2:07.29 1:05.31				
20. CHAVES RODRIGUEZ, Cristian	07	C.N. Teneteide	2:07.53	16,00
21. SANTANA REYES, Carmelo	03	C. Telde	2:07.91	15,00
50m: 29.86 29.86 100m: 1:01.96 32.10 150m: 1:35.13 33.17 200m: 2:07.91 32.78				
22. CHAVARREN CORUJO, Asier	98	Aguacan	2:08.01	14,00
50m: 29.50 29.50 100m: 1:01.87 32.37 150m: 1:35.08 33.21 200m: 2:08.01 32.93				
23. GUTIERREZ BRITO, Ethan	05	Salinas	2:08.38	13,00
50m: 29.55 29.55 100m: 1:01.71 32.16 150m: 1:35.39 33.68 200m: 2:08.38 32.99				
24. PRADERA TOUZANI, Endika	02	C.B. Dominicas Vistabella	2:09.09	12,00
50m: 29.68 29.68 100m: 1:01.86 32.18 150m: 1:35.55 33.69 200m: 2:09.09 33.54				

Prueba 1, Masc., 200m Libre, Absoluto Masculino

Clasificación	AN	Equipo	Tiempo
25. LOPEZ GARCIA, Andreas	98	Salinas	2:10.83 11,00
50m: 28.87 28.87	100m: 1:00.51	31.64 150m: 1:34.61 34.10	200m: 2:10.83 36.22
26. INFANTE FRANCU, Bruno	05	C.D. Zero Wattios	2:12.18 10,00
50m: 30.18 30.18	100m: 1:03.69	33.51 200m: 2:12.18 1:08.49	
27. DOS REIS SANTANA, Alejandro	04	Aguacan	2:12.39 9,00
50m: 30.30 30.30	100m: 1:03.57	33.27 150m: 1:38.32 34.75	200m: 2:12.39 34.07
28. LEÓN RODRÍGUEZ, Gerardo	08	C.N. Martianez Coral Hotels	2:13.35 8,00
50m: 31.12 31.12	100m: 1:04.05	32.93 150m: 1:38.77 34.72	200m: 2:13.35 34.58
29. RAVELO SUAREZ, Antonio Jesus	09	C.B. Dominicás Vistabella	2:13.84 7,00
50m: 29.77 29.77	100m: 1:02.99	33.22 150m: 1:38.15 35.16	200m: 2:13.84 35.69
30. CARDENES RODRIGUEZ, Cristo	02	C. Telde	2:14.10 6,00
50m: 30.79 30.79	100m: 1:03.88	33.09 150m: 1:38.19 34.31	200m: 2:14.10 35.91
31. SÁNCHEZ EDODEY, Fabio	08	C.N. Martianez Coral Hotels	2:15.79 5,00
50m: 31.33 31.33	100m: 1:05.39	34.06 150m: 1:40.59 35.20	200m: 2:15.79 35.20
32. PEREZ CERVILLA, Daniel	07	C.D. Nonadamos	2:27.75 4,00
50m: 35.08 35.08	100m: 1:12.89	37.81 200m: 2:27.75 1:14.86	
33. TOBAL FEBLES, Gabriel	10	C.D. Herbania	2:31.03 3,00
50m: 33.81 33.81	100m: 1:12.57	38.76 200m: 2:31.03 1:18.46	
34. HERNANDEZ HERNANDEZ, Alejandro	98	C.D. Nonadamos	2:35.77 2,00
50m: 34.59 34.59	100m: 1:12.94	38.35 200m: 2:35.77 1:22.83	
35. DÍAZ GARCÍA, Guillermo	06	C.D. N. Bentacu-Laguna	2:36.47 1,00
50m: 34.63 34.63	100m: 1:14.33	39.70 200m: 2:36.47 1:22.14	
36. NÚÑEZ GONZÁLEZ, Gabriel	07	C.D. N. Bentacu-Laguna	2:45.01 -
50m: 34.04 34.04	100m: 1:15.12	41.08 200m: 2:45.01 1:29.89	
37. PÉREZ PERDOMO, Carlos	08	C.D. Lanzarote Dolphins Basket Maoh	3:03.04 -
50m: 40.10 40.10	100m: 1:24.92	44.82 200m: 3:03.04 1:38.12	

Prueba 2
12/11/2022

Fem., 400m Estilos

Absoluto Femenino
Resultados

Clasificación	AN	Equipo	Tiempo
1. DENBY, Kennedy Hope	05	C.D.N. Nadamas Las Marinas	5:09.74 38,00
50m: 34.10 34.10	100m: 1:10.76	36.66 200m: 2:32.59 1:21.83	400m: 5:09.74 2:37.15
2. PEREZ MUÑOZ, Claudia	08	Esna Lanzarote	5:23.16 35,00
50m: 36.16 36.16	100m: 1:16.40	40.24 200m: 2:37.50 1:21.10	400m: 5:23.16 2:45.66
3. HERNÁNDEZ MARTÍN, Carla	08	C.N. Reales	5:27.51 33,00
50m: 33.62 33.62	150m: 1:55.60	41.73 250m: 3:25.43 49.83	350m: 4:52.49 37.42
100m: 1:13.87 40.25	200m: 2:35.60	40.00 300m: 4:15.07 49.64	400m: 5:27.51 35.02
4. FERNANDEZ VIEIRA, Carolina	08	C.N. Teneteide	5:28.95 32,00
50m: 36.34 36.34	150m: 2:01.49	42.11 250m: 3:27.56 45.13	350m: 4:51.96 39.14
100m: 1:19.38 43.04	200m: 2:42.43	40.94 300m: 4:12.82 45.26	400m: 5:28.95 36.99
5. ANGULO FALCON, Cristina	06	LasPalmas	5:30.65 31,00
50m: 35.27 35.27	150m: 1:56.39	41.86 250m: 3:27.52 49.81	350m: 4:54.66 36.08
100m: 1:14.53 39.26	200m: 2:37.71	41.32 300m: 4:18.58 51.06	400m: 5:30.65 35.99
6. AGUIAR ESPINO, Olivia	09	Metropole	5:30.83 30,00
50m: 35.32 35.32	150m: 1:57.74	41.22 250m: 3:28.24 50.31	350m: 4:55.69 37.44
100m: 1:16.52 41.20	200m: 2:37.93	40.19 300m: 4:18.25 50.01	400m: 5:30.83 35.14
7. HERNÁNDEZ CASTRILLO, Yessica	00	Aguacan	5:32.36 29,00
50m: 34.97 34.97	150m: 1:56.67	40.85 250m: 3:25.54 47.99	350m: 4:54.08 39.16
100m: 1:15.82 40.85	200m: 2:37.55	40.88 300m: 4:14.92 49.38	400m: 5:32.36 38.28

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación			AN							Tiempo		
8.	ARTILES CARBALLO, Irene		96	LasPalmas						5:36.01	28,00	
	50m:	36.54	36.54	150m:	2:02.48	45.83	250m:	3:33.10	47.16	350m:	4:59.23	38.07
	100m:	1:16.65	40.11	200m:	2:45.94	43.46	300m:	4:21.16	48.06	400m:	5:36.01	36.78
9.	MENDOZA HERNANDEZ, Natalia		05	C.N. Los Cristianos						5:39.45	27,00	
	50m:	34.81	34.81	150m:	1:58.83	43.85	250m:	3:29.82	47.95	350m:	5:00.66	40.71
	100m:	1:14.98	40.17	200m:	2:41.87	43.04	300m:	4:19.95	50.13	400m:	5:39.45	38.79
10.	PERDOMO DEL CASTILLO, Noa		07	C.D. N. Bentacu-Laguna						5:42.34	26,00	
	50m:	35.52	35.52	150m:	1:59.29	42.63	250m:	3:31.55	50.56	350m:	5:03.83	40.56
	100m:	1:16.66	41.14	200m:	2:40.99	41.70	300m:	4:23.27	51.72	400m:	5:42.34	38.51
11.	IZAGUIRRE NESSI, Kassandra Isabel		08	C.N. Teneteide						5:43.78	25,00	
	50m:	38.77	38.77	150m:	2:07.38	45.67	250m:	3:38.46	47.28	350m:	5:06.42	40.30
	100m:	1:21.71	42.94	200m:	2:51.18	43.80	300m:	4:26.12	47.66	400m:	5:43.78	37.36
12.	PÉREZ DELGADO, Alba		06	C.N. Martianez Coral Hotels						5:50.63	24,00	
	50m:	36.78	36.78	150m:	2:03.70	45.11	250m:	3:38.49	51.04	350m:	5:10.91	41.03
	100m:	1:18.59	41.81	200m:	2:47.45	43.75	300m:	4:29.88	51.39	400m:	5:50.63	39.72
13.	MORALES FAJARDO, Nora		10	C.D.N. Nadamas Las Marinas						5:51.23	23,00	
	50m:	35.37	35.37	100m:	1:15.92	40.55	200m:	2:43.27	1:27.35	400m:	5:51.23	3:07.96
14.	CARDEÑOSA PARRALEJO, Paula		08	Esna Lanzarote						5:52.23	22,00	
	50m:	40.26	40.26	100m:	1:27.93	47.67	200m:	3:01.06	1:33.13	400m:	5:52.23	2:51.17
15.	SAIZ PEREZ, Mar		08	C.N. Los Cristianos						5:52.50	21,00	
	50m:	38.11	38.11	200m:	2:48.00	1:25.63	300m:	4:32.98	53.82	400m:	5:52.50	37.06
	100m:	1:22.37	44.26	250m:	3:39.16	51.16	350m:	5:15.44	42.46			
16.	BONILLA BORDON, Ines		06	Aguacan						5:52.82	20,00	
	50m:	35.72	35.72	150m:	2:01.20	43.85	250m:	3:38.31	54.31	400m:	5:52.82	1:20.35
	100m:	1:17.35	41.63	200m:	2:44.00	42.80	300m:	4:32.47	54.16			
17.	PULIDO MAYOR, Sheila		98	C. Telde						5:57.56	19,00	
	50m:	38.20	38.20	150m:	2:06.83	46.15	250m:	3:45.18	51.58	350m:	5:17.64	40.18
	100m:	1:20.68	42.48	200m:	2:53.60	46.77	300m:	4:37.46	52.28	400m:	5:57.56	39.92
18.	HERNANDEZ ALMENARA, Nerea		07	A.D. Santa Cruz						5:59.59	18,00	
	50m:	39.38	39.38	150m:	2:15.37	47.91	250m:	3:50.31	49.50	350m:	5:22.54	40.15
	100m:	1:27.46	48.08	200m:	3:00.81	45.44	300m:	4:42.39	52.08	400m:	5:59.59	37.05
19.	HERNÁNDEZ CABO, Sofía		06	C.N. Martianez Coral Hotels						6:02.39	17,00	
	50m:	38.19	38.19	150m:	2:11.37	47.15	250m:	3:48.03	51.19	350m:	5:22.55	41.65
	100m:	1:24.22	46.03	200m:	2:56.84	45.47	300m:	4:40.90	52.87	400m:	6:02.39	39.84
20.	DUQUE BROUARD, Elena		10	C.B. Dominicas Vistabella						6:02.58	16,00	
	50m:	38.96	38.96	150m:	2:10.10	45.92	250m:	3:48.17	53.25	350m:	5:22.20	41.64
	100m:	1:24.18	45.22	200m:	2:54.92	44.82	300m:	4:40.56	52.39	400m:	6:02.58	40.38
21.	GARCIA MONTESDEOCA, Martina		08	C.D. Nonadamos						6:07.19	15,00	
	50m:	40.52	40.52	100m:	1:26.81	46.29	200m:	3:00.02	1:33.21	400m:	6:07.19	3:07.17
22.	LOPEZ SOSA, Carla		09	Salinas						6:07.26	14,00	
	50m:	40.73	40.73	150m:	2:11.66	46.76	250m:	3:52.36	52.76	350m:	5:26.60	41.69
	100m:	1:24.90	44.17	200m:	2:59.60	47.94	300m:	4:44.91	52.55	400m:	6:07.26	40.66
23.	TOVAR MORENO, Estephania		03	A.D. Santa Cruz						6:12.15	13,00	
	50m:	35.10	35.10	150m:	2:04.82	47.26	250m:	3:45.76	55.15	350m:	5:28.29	45.45
	100m:	1:17.56	42.46	200m:	2:50.61	45.79	300m:	4:42.84	57.08	400m:	6:12.15	43.86
24.	MUÑOZ CABRERA, Lara		07	C.D. Zero Wattios						6:25.26	12,00	
	50m:	42.71	42.71	100m:	1:34.29	51.58	200m:	3:10.07	1:35.78	400m:	6:25.26	3:15.19
25.	GONZÁLEZ GONZÁLEZ, Linda Sofía		08	C.D. Zero Wattios						6:27.32	11,00	
	50m:	43.41	43.41	100m:	1:34.17	50.76	200m:	3:10.58	1:36.41	400m:	6:27.32	3:16.74
26.	PEREZ CERVILLA, Carla		09	C.D. Nonadamos						6:44.21	10,00	
	50m:	46.60	46.60	100m:	1:39.80	53.20	200m:	3:25.37	1:45.57	400m:	6:44.21	3:18.84

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN	Club	Tiempo
27.	MARTÍN CÁMARA, Cloe	10 C.B. Dominicás Vistabella	6:53.96 9,00
	50m: 49.27 49.27 150m: 2:37.07 49.41 250m: 4:23.72 57.60 350m: 6:08.59 47.91		
	100m: 1:47.66 58.39 200m: 3:26.12 49.05 300m: 5:20.68 56.96 400m: 6:53.96 45.37		
28.	PERAZA RODRÍGUEZ, Alba	08 C.D. N. Bentacu-Laguna	6:55.67 8,00
	50m: 47.31 47.31 150m: 2:35.24 49.77 250m: 4:23.81 58.15 350m: 6:09.50 45.48		
	100m: 1:45.47 58.16 200m: 3:25.66 50.42 300m: 5:24.02 1:00.21 400m: 6:55.67 46.17		
29.	FAJARDO SANCHEZ, Valeria	11 C.D. Herbania	7:20.63 7,00
	50m: 45.65 45.65 100m: 1:43.93 58.28 200m: 3:31.25 1:47.32 400m: 7:20.63 3:49.38		
DSQ	NAVARRO MELGAR, Claudia	07 Metropole	-
DSQ	PULIDO SOSA, Valeria	10 Salinas	-

Prueba 3 Masc., 50m Espalda Absoluto Masculino
12/11/2022 Resultados

Clasificación	AN	Club	Tiempo
1.	CHIVILEV, Arseniy	01 A.D. Santa Cruz	26.10 38,00
2.	VEGA SOSA, Juan Iriney	05 Metropole	26.96 35,00
3.	BELAMENDIA COTORRUELO, Gerald	07 C.N. Teneteide	27.30 33,00
4.	PEREZ MUÑOZ, Oscar	05 Esna Lanzarote	28.04 32,00
5.	FABREGAS FLORES, Luis	99 LasPalmas	28.30 31,00
6.	DIAZ GARCIA, Samuel Manuel	03 R.C. Náutico De Tenerife	28.51 30,00
7.	MARTIN BETANCOR, Danilo	07 Salinas	28.52 29,00
8.	ARANDA GALLEGO, Jose Juan	75 Esna Lanzarote	28.71 28,00
9.	HERRERA TORRES, Carlos	04 Metropole	28.85 27,00
10.	MARTÍN GARCÍA, Mario	04 C.N. Martianez Coral Hotels	28.98 26,00
11.	MARTEL BARO, Hector	95 A.D. Santa Cruz	29.12 25,00
12.	GALVAN MEDEROS, Iriome Antonio	01 Salinas	29.79 24,00
13.	RAMOS DELGADO, Ricardo	07 C.N. Reales	30.03 23,00
14.	LATTANZIO ORTIVEROS, Kevin Alesio	05 C.N. Los Cristianos	30.22 22,00
15.	PADRON FERNANDEZ, Pablo	95 LasPalmas	30.31 21,00
16.	MAUDES DOMENECH, Daniel	05 C.N. Teneteide	30.39 20,00
17.	MORALES LEMES, Marcos	05 C.D. Zero Wattios	30.90 19,00
18.	RAMIREZ MORALES, Sergio C.	03 C. Telde	31.14 17,50
	SANCHEZ FERNANDEZ, Gregory	09 C.N. Los Cristianos	31.14 17,50
20.	TAMBINI, Daniele	90 C.D.N. Nadamas Las Marinas	31.54 16,00
21.	SUAREZ MONTERO, Nicolas	07 C.D. Herbania	31.78 15,00
22.	HERNANDEZ PEREZ, Pablo	06 C.D.N. Nadamas Las Marinas	32.02 14,00
23.	MORENO ALVAREZ, Alexis	08 C.B. Dominicás Vistabella	32.35 13,00
24.	HERRERA DEVORA, Kevin	00 C.D. N. Bentacu-Laguna	33.03 12,00
25.	RODRÍGUEZ GARCÍA, Iker	05 C.D. N. Bentacu-Laguna	33.33 11,00
26.	YANEZ SANJUÁN, Pablo	05 Aguacan	33.41 10,00
27.	ESTEVEZ GALVEZ, Carlos	08 C.B. Dominicás Vistabella	33.54 9,00
28.	TORREIRO MARTINEZ, Carlos	06 C.D. Herbania	33.61 8,00
29.	CAMPANALUNGA MORALES, Enzo	08 C. Telde	35.03 7,00
30.	SEPULVEDA REAL, Aday	07 C.D. Nonadamos	35.18 6,00
31.	DAVARA CODESIDO, Pelayo	05 R.C. Náutico De Tenerife	35.44 5,00
32.	DEL PINO SEGURA, Abel	07 Aguacan	36.15 4,00
33.	GARCÍA CÁCERES, Ari	06 C.D. Zero Wattios	38.96 3,00
DSQ	BOMBARDA HERNANDEZ, Maurizio	09 C.N. Martianez Coral Hotels	-
DSQ	GONZALEZ GONZALEZ, Guillermo	07 C.N. Reales	-

Prueba 4
12/11/2022

Fem., 50m Espalda

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo
1.	MORENO ARMAS, Ainara	07 C.N. Teneteide	30.93 38,00
2.	BERNARD BERNARD, Escarlata	89 Metropole	31.54 35,00
3.	HERNANDEZ MARTIN, Nerea	03 Metropole	31.68 33,00
4.	PORRERO MARTIN, Lucia	08 C.N. Teneteide	32.12 32,00
5.	SANCHEZ CABAÑAS, Naira	00 R.C. Náutico De Tenerife	32.13 31,00
6.	MATOS QUEVEDO, Lucía	04 LasPalmas	32.44 30,00
7.	GARCIA GONZALEZ, Sara	06 C.D. Herbania	33.09 29,00
8.	ROMERO BASTERRECHEA, Paula	97 Aguacan	33.20 28,00
9.	DIAZ CRUZ, Isabel	10 LasPalmas	33.50 27,00
10.	HERNANDEZ SANCHEZ, Lara	02 A.D. Santa Cruz	33.59 26,00
11.	FERNANDEZ ANDRES, Lola	11 Salinas	33.78 25,00
12.	HERRERA CABRERA, Ainara	07 Salinas	34.32 24,00
13.	WOLGESCHAFFEN FERNANDEZ, Pat09a	C.N. Reales	34.33 23,00
14.	BARROSO MORATINOS, Natalie G.	05 C.N. Los Cristianos	34.88 22,00
15.	GARRIDO ALONSO, Lucia	09 C.B. Dominicás Vistabella	34.98 21,00
16.	MORALES GONZÁLEZ, Aroa	08 Aguacan	35.47 20,00
17.	GIMENEZ CASTILLA, Maria	07 C. Telde	35.49 19,00
18.	DE LEON NERCELLAS, Noah	05 C.D. Herbania	36.17 18,00
19.	SASU BODARNEA, Natalia Emilia	08 C.D.N. Nadamas Las Marinas	36.53 17,00
20.	PEREZ DIAZ, Natalia	07 C.N. Los Cristianos	37.48 16,00
21.	SERRANO LARRUCEA, Ana	08 R.C. Náutico De Tenerife	38.04 15,00
22.	DIAZ PASTORIZA, Iria	05 C.D. Nonadamos	38.07 14,00
23.	GONZALEZ CAMACHO, Desiree	01 C. Telde	38.34 13,00
24.	SOLER ATIENZA, Aroa	04 C.D. N. Bentacu-Laguna	38.48 12,00
25.	TRUJILLO HERNÁNDEZ, Lorena	09 C.B. Dominicás Vistabella	38.75 11,00
26.	GLENESK FLORES, Lucia	08 C.D. Piscina	40.04 10,00
27.	TABARES HERNANDEZ, Daniela	09 C.D. Zero Wattios	41.32 9,00
28.	MUÑOZ CABRERA, Lara	07 C.D. Zero Wattios	41.59 8,00
29.	ANDREWS, holly Annie	10 C.D.N. Nadamas Las Marinas	42.14 7,00
30.	CABRERA SUAREZ, Julia	09 A.D. Santa Cruz	42.42 6,00
31.	MARTÍN DUARTE, Sofía	09 C.D. N. Bentacu-Laguna	43.80 5,00
32.	ABDENABAQUI SAIDI, Malak	10 C.D. Nonadamos	46.95 4,00
DNS	WOLGESCHAFFEN FERNANDEZ, Sofi06	C.N. Reales	-

Prueba 5
12/11/2022

Masc., 200m Mariposa

Absoluto Masculino
Resultados

Clasificación	AN		Tiempo
1.	CARRASCOSA HESTER, Tomas	04 LasPalmas	2:09.93 38,00
	50m: 29.67 29.67 100m: 1:01.79	32.12 150m: 1:35.40 33.61	200m: 2:09.93 34.53
2.	DE LEON ARTEAGA, Gabriel	00 LasPalmas	2:11.42 35,00
	50m: 29.63 29.63 100m: 1:02.86	33.23 150m: 1:36.55 33.69	200m: 2:11.42 34.87
3.	VIZCAINO RIGOL, Carlos	05 C.D.N. Nadamas Las Marinas	2:12.68 33,00
	50m: 30.65 30.65 100m: 1:04.33	33.68 200m: 2:12.68 1:08.35	
4.	COCERA CORDON, Yare	05 Metropole	2:14.48 32,00
	50m: 30.11 30.11 100m: 1:03.14	33.03 150m: 1:38.17 35.03	200m: 2:14.48 36.31
5.	GONZALEZ BAIK, Ángel Nuri	04 A.D. Santa Cruz	2:16.64 31,00
	50m: 30.85 30.85 100m: 1:05.80	34.95 150m: 1:41.10 35.30	200m: 2:16.64 35.54
6.	RAMIREZ FERNANDEZ, Juan Lazaro	01 Salinas	2:17.36 30,00
	50m: 30.75 30.75 100m: 1:05.48	34.73 150m: 1:41.11 35.63	200m: 2:17.36 36.25

Prueba 5, Masc., 200m Mariposa, Absoluto Masculino

Clasificación	AN		Tiempo	
7. SANTANA RAMIREZ, Ángel	04	Metropole	2:18.11	29,00
50m: 31.55 31.55	100m: 1:06.27	34.72 150m: 1:42.19	35.92	200m: 2:18.11 35.92
8. CERPA CABALLERO, Jonay Salvador	99	Aguacan	2:18.63	28,00
50m: 30.38 30.38	100m: 1:04.61	34.23 150m: 1:40.75	36.14	200m: 2:18.63 37.88
9. LUIS ALVAREZ, Oscar	02	A.D. Santa Cruz	2:21.03	27,00
50m: 31.87 31.87	100m: 1:08.18	36.31 150m: 1:44.60	36.42	200m: 2:21.03 36.43
10. MARTIN VELAZQUEZ, Iker	05	C.N. Los Cristianos	2:22.26	26,00
50m: 31.36 31.36	100m: 1:07.52	36.16 150m: 1:45.12	37.60	200m: 2:22.26 37.14
11. VALLEJO BUCK, Manuel	05	Salinas	2:22.39	25,00
50m: 31.01 31.01	100m: 1:06.51	35.50 150m: 1:44.63	38.12	200m: 2:22.39 37.76
12. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	2:23.32	24,00
50m: 30.92 30.92	100m: 1:06.72	35.80 150m: 1:44.36	37.64	200m: 2:23.32 38.96
13. PERALES SILVA, Francisco	09	C.N. Los Cristianos	2:26.75	23,00
50m: 33.12 33.12	100m: 1:09.91	36.79 150m: 1:48.83	38.92	200m: 2:26.75 37.92
14. KEZELE MASI, Kameron	06	Esna Lanzarote	2:27.65	22,00
50m: 32.43 32.43	100m: 1:09.26	36.83 200m: 2:27.65	1:18.39	
15. FDEZ BERMUDEZ, Iker	06	Esna Lanzarote	2:27.84	21,00
50m: 32.20 32.20	100m: 1:10.93	38.73 200m: 2:27.84	1:16.91	
16. PEÑA PEREZ, Javier	03	C.N. Teneteide	2:33.05	20,00
50m: 32.11 32.11	100m: 1:09.94	37.83 150m: 1:50.85	40.91	200m: 2:33.05 42.20
17. CARRERO SERRANO, Marcos Daniel	09	C.D. Herbania	2:34.96	19,00
50m: 33.55 33.55	100m: 1:11.58	38.03 200m: 2:34.96	1:23.38	
18. DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	2:36.43	18,00
50m: 33.74 33.74	100m: 1:12.44	38.70 150m: 1:54.40	41.96	200m: 2:36.43 42.03
19. FERNANDEZ ALPERI, Herminio	08	C.D.N. Nadamas Las Marinas	2:37.20	17,00
50m: 34.64 34.64	100m: 1:15.48	40.84 200m: 2:37.20	1:21.72	
20. PADRON MARTIN, Echedey	07	C.D. Nonadamos	2:39.06	16,00
50m: 34.82 34.82	100m: 1:13.78	38.96 200m: 2:39.06	1:25.28	
21. GROHN, Mark Benedikt	06	C.D. Zero Wattios	2:39.28	15,00
50m: 34.25 34.25	100m: 1:14.12	39.87 200m: 2:39.28	1:25.16	
22. VARELA MESA, Raul	05	R.C. Náutico De Tenerife	2:44.60	14,00
50m: 34.81 34.81	100m: 1:16.35	41.54 150m: 2:00.42	44.07	200m: 2:44.60 44.18
23. VIÑA CABRERA, Juan Francisco	06	C.D. Zero Wattios	2:48.73	13,00
50m: 39.24 39.24	100m: 1:21.01	41.77 200m: 2:48.73	1:27.72	
24. PADRON MORALES, Manuel	06	R.C. Náutico De Tenerife	2:51.24	12,00
50m: 36.05 36.05	100m: 1:19.00	42.95 150m: 2:04.70	45.70	200m: 2:51.24 46.54
25. QUIJADA CABRERA, Mario	08	C.N. Martianez Coral Hotels	2:56.45	11,00
50m: 37.15 37.15	100m: 1:21.78	44.63 150m: 2:08.70	46.92	200m: 2:56.45 47.75
26. PINA PEREZ, Oscar	09	C.N. Martianez Coral Hotels	3:00.54	10,00
50m: 37.55 37.55	100m: 1:22.64	45.09 150m: 2:11.05	48.41	200m: 3:00.54 49.49
27. CARAMÉS HUERTAS, Oriol	08	C. Telde	3:11.20	9,00
50m: 44.01 44.01	100m: 1:32.99	48.98 150m: 2:24.24	51.25	200m: 3:11.20 46.96
28. GOMEZ RODRIGUEZ, Daniel	09	Aguacan	3:29.84	8,00
50m: 44.19 44.19	100m: 1:37.12	52.93 150m: 2:33.70	56.58	200m: 3:29.84 56.14
DSQ OUBIÑA CORVALAN, Marcos A	05	C. Telde	-	-
DSQ KEY RAMÍREZ, Octavio José	10	C.D. N. Bentacu-Laguna	-	-
DSQ HERNANDEZ HERNANDEZ, Abraham	05	C.N. Reales	-	-

Prueba 6
12/11/2022

Fem., 200m Mariposa

Absoluto Femenino
Resultados

Clasificación	AN	Club	Tiempo
1. VAZQUEZ HDEZ, Lucia	06	C.D.N. Nadamas Las Marinas	2:26.46 38,00
50m: 33.23 33.23 100m: 1:10.63		37.40 200m: 2:26.46 1:15.83	
2. FUENTES MONTES, Amaya	08	LasPalmas	2:27.23 35,00
50m: 34.52 34.52 100m: 1:11.30		36.78 150m: 1:50.42 39.12 200m: 2:27.23 36.81	
3. LABRADOR CASTILLA, Paula Daopin	05	C.N. Reales	2:27.47 33,00
50m: 32.07 32.07 100m: 1:08.08		36.01 150m: 1:46.89 38.81 200m: 2:27.47 40.58	
4. ULIBARRI SANCHEZ, Ines	09	Metropole	2:31.96 32,00
50m: 34.08 34.08 100m: 1:12.06		37.98 150m: 1:50.94 38.88 200m: 2:31.96 41.02	
5. SANTANA DRAGO, Leire	07	Metropole	2:33.62 31,00
50m: 32.07 32.07 100m: 1:08.32		36.25 150m: 1:49.34 41.02 200m: 2:33.62 44.28	
6. CAPLLONCH DE UÑA, Lucia	05	C.N. Los Cristianos	2:41.53 30,00
50m: 34.70 34.70 100m: 1:14.65		39.95 150m: 1:57.76 43.11 200m: 2:41.53 43.77	
7. GIL FALCON, Paula	01	Aguacan	2:42.63 29,00
50m: 35.23 35.23 100m: 1:14.79		39.56 150m: 1:57.21 42.42 200m: 2:42.63 45.42	
8. SOSA GARCIA, Victoria	05	C.N. Martianez Coral Hotels	2:44.49 28,00
50m: 36.01 36.01 100m: 1:17.39		41.38 150m: 2:00.53 43.14 200m: 2:44.49 43.96	
9. PÉREZ DELGADO, Alba	06	C.N. Martianez Coral Hotels	2:47.20 27,00
50m: 37.34 37.34 100m: 1:19.83		42.49 150m: 2:03.40 43.57 200m: 2:47.20 43.80	
10. JAEN SERRA, Naira	08	C.D.N. Nadamas Las Marinas	2:47.33 26,00
50m: 37.10 37.10 100m: 1:19.47		42.37 200m: 2:47.33 1:27.86	
11. FELIPE RODRIGUEZ, Yaritz Nazaret	06	LasPalmas	2:47.64 25,00
50m: 36.04 36.04 100m: 1:18.07		42.03 150m: 2:02.72 44.65 200m: 2:47.64 44.92	
12. SOCORRO CASTRO, Rita	06	Salinas	2:56.14 24,00
50m: 37.47 37.47 100m: 1:23.14		45.67 150m: 2:09.70 46.56 200m: 2:56.14 46.44	
13. GABADZE MUSELIANI, Salome	08	C.N. Teneteide	2:57.89 23,00
50m: 39.03 39.03 100m: 1:27.42		48.39 150m: 2:14.82 47.40 200m: 2:57.89 43.07	
14. CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	3:00.62 22,00
50m: 36.78 36.78 100m: 1:22.38		45.60 150m: 2:11.05 48.67 200m: 3:00.62 49.57	
15. SUAREZ SARMIENTO, Ariadne Raquel	09	Salinas	3:00.70 21,00
50m: 40.28 40.28 100m: 1:26.06		45.78 150m: 2:14.42 48.36 200m: 3:00.70 46.28	
16. MARTIN GONZALEZ DE CHAVES, Mar	08	R.C. Náutico De Tenerife	3:02.48 20,00
50m: 38.94 38.94 100m: 1:24.93		45.99 150m: 2:13.50 48.57 200m: 3:02.48 48.98	
17. GONZALEZ ROJAS, Sofia	06	C.N. Los Cristianos	3:03.45 19,00
50m: 37.66 37.66 100m: 1:22.16		44.50 150m: 2:12.36 50.20 200m: 3:03.45 51.09	
18. PEREZ SUAREZ, Laura	01	C. Telde	3:06.81 18,00
50m: 35.26 35.26 100m: 1:17.52		42.26 150m: 2:09.26 51.74 200m: 3:06.81 57.55	
19. GARCIA MONTESDEOCA, Martina	08	C.D. Nonadamos	3:12.49 17,00
50m: 42.90 42.90 100m: 1:32.30		49.40 200m: 3:12.49 1:40.19	
20. CASANOVA MELO, Julene	06	C.D. N. Bentacu-Laguna	3:20.73 16,00
50m: 42.35 42.35 100m: 1:33.58		51.23 150m: 2:27.60 54.02 200m: 3:20.73 53.13	
21. PEREZ CERVILLA, Carla	09	C.D. Nonadamos	3:29.45 15,00
50m: 48.73 48.73 100m: 1:42.81		54.08 200m: 3:29.45 1:46.64	
22. GONZÁLEZ RODRÍGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella	3:41.31 14,00
50m: 44.67 44.67 100m: 1:40.39		55.72 150m: 2:40.05 59.66 200m: 3:41.31 1:01.26	
DSQ BONILLA BORDON, Natalia	10	Aguacan	-
DSQ ROJAS PÉREZ, Reina Chiquinquirá	08	A.D. Santa Cruz	-
DSQ RODRÍGUEZ GARCÍA, Iris	07	C.D. N. Bentacu-Laguna	-

Prueba 6, Fem., 200m Mariposa, Absoluto Femenino

Clasificación	AN	Tiempo
DSQ BASILI, Veronica	08 C.N. Teneteide	-

Prueba 7
12/11/2022

Masc., 100m Braza

Absoluto Masculino
Resultados

Clasificación	AN	Clubs	50m	100m	150m	200m	250m	300m	350m	400m	450m	500m	550m	600m	650m	700m	750m	800m	850m	900m	950m	1000m	Resultado		
1. SANCHEZ MEDINA, Ian <i>MMR 16</i>	06	LasPalmas		1:05.06	34.07																		1:05.06	38,00	
2. AFONSO SUAREZ, Ivan	96	A.D. Santa Cruz	50m: 30.93	1:06.07	35.14																			1:06.07	35,00
3. SANTANA PEREZ, Saul Carmelo	02	LasPalmas	50m: 30.78	1:06.12	35.34																			1:06.12	33,00
4. MAÑÓJIL CABRERA, Sergio	05	Metropole	50m: 31.82	1:07.58	35.76																			1:07.58	32,00
5. RODRIGUEZ MARTIN, Eric	98	R.C. Náutico De Tenerife	50m: 32.33	1:07.89	35.56																			1:07.89	31,00
6. CERES, Inti	05	A.D. Santa Cruz	50m: 32.56	1:08.29	35.73																			1:08.29	30,00
7. HILARIO REYES, Hugo	00	R.C. Náutico De Tenerife	50m: 31.86	1:08.51	36.65																			1:08.51	29,00
8. PEREZ MUÑOZ, Oscar	05	Esna Lanzarote	50m: 33.13	1:10.02	36.89																			1:10.02	28,00
9. MARTEL OJEDA, Raul Jose	01	Salinas	50m: 33.23	1:10.24	37.01																			1:10.24	27,00
10. CABRERA GUADALUPE, Javier	05	C.D.N. Nadamas Las Marinas	50m: 33.03	1:10.30	37.27																			1:10.30	26,00
11. QUINTANA MATEO, Adrian	05	Metropole	50m: 32.70	1:11.00	38.30																			1:11.00	25,00
12. MORLAN OLIVA, Asier	05	C.N. Los Cristianos	50m: 33.55	1:11.38	37.83																			1:11.38	24,00
13. MEYER, Alber Sebastian	06	C.N. Los Cristianos	50m: 33.81	1:12.77	38.96																			1:12.77	23,00
14. SEGURA DOMÍNGUEZ, Agustín	04	C.D. N. Bentacu-Laguna	50m: 34.37	1:13.69	39.32																			1:13.69	22,00
15. SUAREZ MONTERO, Nicolas	07	C.D. Herbania	50m: 34.54	1:14.51	39.97																			1:14.51	21,00
16. CURTIS LORENZO, Nathan	07	C.D. N. Bentacu-Laguna	50m: 35.30	1:14.90	39.60																			1:14.90	20,00
17. BORGIS, Marko	06	C.N. Teneteide	50m: 35.51	1:15.08	39.57																			1:15.08	19,00
18. AMARO HERNANDEZ, Eduardo Asdrub	06	C.N. Teneteide	50m: 35.63	1:15.15	39.52																			1:15.15	18,00
19. JAEN SERRA, Andreu	06	C.D.N. Nadamas Las Marinas	50m: 35.31	1:15.91	40.60																			1:15.91	17,00
20. CHAVARREN CORUJO, Asier	98	Aguacan	50m: 35.78	1:16.11	40.33																			1:16.11	16,00

Prueba 7, Masc., 100m Braza, Absoluto Masculino

Clasificación	AN		Tiempo	
21. CARDENES RODRIGUEZ, Cristo	02	C. Telde	1:16.17	15,00
50m: 36.32 36.32	100m: 1:16.17	39.85		
22. PETTY, Jolyon	06	Esna Lanzarote	1:17.42	14,00
50m: 37.68 37.68	100m: 1:17.42	39.74		
23. HERNÁNDEZ MÉNDEZ, Julio	07	C.N. Martianez Coral Hotels	1:17.66	13,00
50m: 36.10 36.10	100m: 1:17.66	41.56		
24. HERNÁNDEZ SUÁREZ, Bentchey	05	Aguacan	1:18.62	12,00
50m: 36.59 36.59	100m: 1:18.62	42.03		
25. VEGA RODRÍGUEZ, Javier	08	C.B. Dominicas Vistabella	1:21.00	11,00
50m: 38.28 38.28	100m: 1:21.00	42.72		
26. GROHN, Mark Benedikt	06	C.D. Zero Wattios	1:21.60	10,00
50m: 37.89 37.89	100m: 1:21.60	43.71		
27. MESA LÓPEZ, Marcos	08	C.N. Martianez Coral Hotels	1:22.59	9,00
50m: 36.68 36.68	100m: 1:22.59	45.91		
28. GAURISHANKER NAVARRO, Elgin	08	Salinas	1:24.14	8,00
50m: 40.26 40.26	100m: 1:24.14	43.88		
29. PEREZ CERVILLA, Daniel	07	C.D. Nonadamos	1:25.41	7,00
50m: 41.81 41.81	100m: 1:25.41	43.60		
30. HIDALGO CARABALLO, Gabriel	08	C.D. Nonadamos	1:26.90	6,00
50m: 41.63 41.63	100m: 1:26.90	45.27		
31. NASSEREDDINE MESA, Nash	09	C.B. Dominicas Vistabella	1:29.80	5,00
50m: 42.02 42.02	100m: 1:29.80	47.78		
32. RODRIGUEZ MORINIGO, Aritz	09	C.D. Herbania	1:33.37	4,00
50m: 44.42 44.42	100m: 1:33.37	48.95		
DSQ ALONSO GUILLEN, Adrian	95	C. Telde		-
DNS HERNÁNDEZ HERNÁNDEZ, Daniel	05	C.N. Reales		-

Prueba 8
12/11/2022

Fem., 100m Braza

Absoluto Femenino
Resultados

Clasificación	AN		Tiempo	
1. SANTANA SANTANA, Andrea	03	Metropole	1:15.91	38,00
50m: 35.89 35.89	100m: 1:15.91	40.02		
2. CALVICHE FERNANDEZ, Nazaret	87	A.D. Santa Cruz	1:17.42	35,00
50m: 37.23 37.23	100m: 1:17.42	40.19		
3. QUILES PEÑATE, Andrea	06	Metropole	1:17.72	33,00
50m: 36.87 36.87	100m: 1:17.72	40.85		
4. NODA SÁEZ, Isabel	06	C.D. N. Bentacu-Laguna	1:17.87	32,00
50m: 37.14 37.14	100m: 1:17.87	40.73		
5. FRANCOS PINEDA, Carlota	05	C.N. Teneteide	1:18.34	31,00
50m: 37.37 37.37	100m: 1:18.34	40.97		
6. CHAVES RODRIGUEZ, Natacha	01	C.N. Teneteide	1:18.45	30,00
50m: 37.17 37.17	100m: 1:18.45	41.28		
7. HERNANDO ARMAS, Paula	06	C.D.N. Nadamas Las Marinas	1:19.12	29,00
50m: 37.99 37.99	100m: 1:19.12	41.13		
8. BORDÓN CABRERA, Judith	05	LasPalmas	1:20.81	28,00
50m: 37.19 37.19	100m: 1:20.81	43.62		

Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN		Tiempo	
9. CURBELO TEJERA, Laura	01	Aguacan	1:21.31	27,00
50m: 38.28 38.28	100m: 1:21.31	43.03		
10. BARRIOS CORUJO, Maria	07	Esna Lanzarote	1:22.38	26,00
50m: 40.46 40.46	100m: 1:22.38	41.92		
11. PADRÓN ORTIZ, Lucía	03	C.D. N. Bentacu-Laguna	1:22.87	25,00
50m: 39.29 39.29	100m: 1:22.87	43.58		
12. IBARRA PAREDES, Marta	08	C.D.N. Nadamas Las Marinas	1:23.30	24,00
50m: 38.64 38.64	100m: 1:23.30	44.66		
13. MATOS QUEVEDO, María	02	LasPalmas	1:23.46	23,00
50m: 39.41 39.41	100m: 1:23.46	44.05		
14. DIAZ ABRANTE, Ines	08	C.N. Reales	1:24.87	22,00
50m: 40.34 40.34	100m: 1:24.87	44.53		
15. GONZÁLEZ QUINTANA, Valeria	08	C.B. Dominicás Vistabella	1:24.96	21,00
50m: 39.57 39.57	100m: 1:24.96	45.39		
16. GONZALEZ MELO, Ainara	06	Esna Lanzarote	1:26.45	20,00
50m: 41.71 41.71	100m: 1:26.45	44.74		
17. RODRIGUEZ COLMENARES, Bella Sof	09	C.N. Los Cristianos	1:26.87	19,00
50m: 41.33 41.33	100m: 1:26.87	45.54		
18. HERNÁNDEZ CABO, Sofía	06	C.N. Martianez Coral Hotels	1:27.18	18,00
50m: 41.23 41.23	100m: 1:27.18	45.95		
19. QUESADA GARCIA, Yanel	04	Salinas	1:27.50	17,00
50m: 40.91 40.91	100m: 1:27.50	46.59		
20. SANTANA FLORES, Ainhoa	01	C. Telde	1:27.97	16,00
50m: 41.15 41.15	100m: 1:27.97	46.82		
21. DIAZ CORTES, Nerea	06	C.D. Herbania	1:28.82	15,00
50m: 40.83 40.83	100m: 1:28.82	47.99		
22. GONZALEZ GONZALEZ, Aitana	10	C.D. Zero Wattios	1:29.92	14,00
50m: 42.39 42.39	100m: 1:29.92	47.53		
23. SCARPA, Barbara	08	C.N. Reales	1:31.06	13,00
50m: 42.92 42.92	100m: 1:31.06	48.14		
24. NUEZ TUMCZAK, Paula	06	A.D. Santa Cruz	1:31.54	12,00
50m: 41.41 41.41	100m: 1:31.54	50.13		
25. DOS REIS SANTANA, Andrea	08	Aguacan	1:31.80	11,00
50m: 43.90 43.90	100m: 1:31.80	47.90		
26. SANISIDRO HERMIDA, Emma	10	C.N. Los Cristianos	1:32.02	10,00
50m: 43.81 43.81	100m: 1:32.02	48.21		
27. DELGADO BARDON, Alicia	07	R.C. Náutico De Tenerife	1:32.99	9,00
50m: 44.51 44.51	100m: 1:32.99	48.48		
28. MELIAN MESA, Anyara	08	C.D. Nonadamos	1:33.63	8,00
50m: 43.94 43.94	100m: 1:33.63	49.69		
29. MUÑOZ CABRERA, Lara	07	C.D. Zero Wattios	1:34.23	7,00
50m: 46.24 46.24	100m: 1:34.23	47.99		
30. BALLESTER EXPOSITO, Elena	06	Salinas	1:34.78	6,00
50m: 43.57 43.57	100m: 1:34.78	51.21		
31. DIAZ CABRERA, Maria Luz	09	R.C. Náutico De Tenerife	1:37.96	5,00
50m: 46.09 46.09	100m: 1:37.96	51.87		
32. RODRÍGUEZ MARTÍNEZ, Gara	09	C.D. Lanzarote Dolphins Basket Maoh	1:49.79	4,00
50m: 52.01 52.01	100m: 1:49.79	57.78		

Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN	Equipo	Tempo
33. FERNANDEZ ALPERI, Noa	11	C.D. Nonadamos	1:53.31 3,00
50m: 55.66 55.66 100m: 1:53.31		57.65	
34. CARRASCOSA SANTAMARIA, Sara	08	C. Telde	2:04.94 2,00
50m: 57.16 57.16 100m: 2:04.94		1:07.78	
DSQ PEREZ LUIS, Lucia	08	C.D. Herbania	-
DSQ ORTEGA GUTIÉRREZ, Eugenia	11	C.B. Dominicás Vistabella	-

Prueba 9
12/11/2022

Masc., 1500m Libre

Absoluto Masculino
Resultados

Clasificación	AN	Equipo	Tempo
1. MACARIO MOLINA, Joan	05	Metropole	15:42.96 38,00
50m: 28.86 28.86 450m: 4:36.72		31.29 850m: 8:49.40 31.84	1250m: 13:05.17 32.04
100m: 59.51 30.65 500m: 5:08.09		31.37 900m: 9:21.24 31.84	1300m: 13:37.07 31.90
150m: 1:30.43 30.92 550m: 5:39.41		31.32 950m: 9:53.25 32.01	1350m: 14:09.19 32.12
200m: 2:00.99 30.56 600m: 6:10.82		31.41 1000m: 10:25.42 32.17	1400m: 14:41.15 31.96
250m: 2:31.96 30.97 650m: 6:42.39		31.57 1050m: 10:57.10 31.68	1450m: 15:12.66 31.51
300m: 3:03.04 31.08 700m: 7:14.19		31.80 1100m: 11:29.03 31.93	1500m: 15:42.96 30.30
350m: 3:34.30 31.26 750m: 7:45.99		31.80 1150m: 12:01.13 32.10	
400m: 4:05.43 31.13 800m: 8:17.56		31.57 1200m: 12:33.13 32.00	
2. MANNANOV, Eduard	86	Metropole	15:59.67 35,00
50m: 29.87 29.87 450m: 4:43.67		31.86 850m: 9:00.36 32.18	1250m: 13:19.03 32.39
100m: 1:01.14 31.27 500m: 5:15.46		31.79 900m: 9:32.55 32.19	1300m: 13:51.45 32.42
150m: 1:32.83 31.69 550m: 5:47.38		31.92 950m: 10:04.81 32.26	1350m: 14:23.88 32.43
200m: 2:04.50 31.67 600m: 6:19.46		32.08 1000m: 10:37.05 32.24	1400m: 14:56.50 32.62
250m: 2:36.24 31.74 650m: 6:51.59		32.13 1050m: 11:09.60 32.55	1450m: 15:28.61 32.11
300m: 3:07.96 31.72 700m: 7:23.95		32.36 1100m: 11:41.77 32.17	1500m: 15:59.67 31.06
350m: 3:39.93 31.97 750m: 7:55.91		31.96 1150m: 12:14.31 32.54	
400m: 4:11.81 31.88 800m: 8:28.18		32.27 1200m: 12:46.64 32.33	
3. DE ARMAS DELGADO, Juan Jose	07	C.D.N. Nadamas Las Marinas	16:24.10 33,00
50m: 29.56 29.56 200m: 2:07.59		1:05.18 800m: 8:43.30 4:23.72	
100m: 1:02.41 32.85 400m: 4:19.58		2:11.99 1500m: 16:24.10 7:40.80	
4. VIZCAINO RIGOL, Carlos	05	C.D.N. Nadamas Las Marinas	16:26.90 32,00
50m: 29.45 29.45 200m: 2:06.85		1:05.23 800m: 8:43.97 4:24.87	
100m: 1:01.62 32.17 400m: 4:19.10		2:12.25 1500m: 16:26.90 7:42.93	
5. ROJAS JAVIGNAMO, Luis	03	LasPalmas	16:33.91 31,00
50m: 29.29 29.29 450m: 4:43.83		32.21 850m: 9:13.20 34.41	1250m: 13:46.15 34.22
100m: 1:00.85 31.56 500m: 5:16.44		32.61 900m: 9:47.60 34.40	1300m: 14:20.57 34.42
150m: 1:32.50 31.65 550m: 5:49.46		33.02 950m: 10:21.78 34.18	1350m: 14:54.88 34.31
200m: 2:04.05 31.55 600m: 6:22.98		33.52 1000m: 10:55.72 33.94	1400m: 15:28.61 33.73
250m: 2:35.74 31.69 650m: 6:56.58		33.60 1050m: 11:29.81 34.09	1450m: 16:01.92 33.31
300m: 3:07.35 31.61 700m: 7:30.46		33.88 1100m: 12:03.95 34.14	1500m: 16:33.91 31.99
350m: 3:39.22 31.87 750m: 8:04.52		34.06 1150m: 12:37.95 34.00	
400m: 4:11.62 32.40 800m: 8:38.79		34.27 1200m: 13:11.93 33.98	
6. BATISTA GOMEZ, Diego	04	LasPalmas	17:04.37 30,00
50m: 29.67 29.67 450m: 4:55.31		33.78 850m: 9:29.68 34.94	1250m: 14:10.31 35.52
100m: 1:01.89 32.22 500m: 5:29.46		34.15 900m: 10:04.55 34.87	1300m: 14:45.44 35.13
150m: 1:34.49 32.60 550m: 6:03.91		34.45 950m: 10:39.40 34.85	1350m: 15:20.42 34.98
200m: 2:07.56 33.07 600m: 6:38.45		34.54 1000m: 11:14.09 34.69	1400m: 15:55.80 35.38
250m: 2:40.74 33.18 650m: 7:12.93		34.48 1050m: 11:49.29 35.20	1450m: 16:30.66 34.86
300m: 3:13.96 33.22 700m: 7:46.45		33.52 1100m: 12:24.45 35.16	1500m: 17:04.37 33.71
350m: 3:47.65 33.69 750m: 8:19.89		33.44 1150m: 12:59.36 34.91	
400m: 4:21.53 33.88 800m: 8:54.74		34.85 1200m: 13:34.79 35.43	

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN						Tiempo					
7.	RAMOS DELGADO, Gabriel						05	C.N. Reales			17:10.37	29,00
	50m:	29.57	29.57	450m:	4:53.64	34.33	850m:	9:33.47	35.09	1250m:	14:14.95	35.56
	100m:	1:01.16	31.59	500m:	5:28.38	34.74	900m:	10:08.89	35.42	1300m:	14:50.51	35.56
	150m:	1:32.96	31.80	550m:	6:03.52	35.14	950m:	10:43.61	34.72	1350m:	15:25.79	35.28
	200m:	2:05.55	32.59	600m:	6:38.59	35.07	1000m:	11:19.10	35.49	1400m:	16:01.12	35.33
	250m:	2:38.25	32.70	650m:	7:13.65	35.06	1050m:	11:54.16	35.06	1450m:	16:36.41	35.29
	300m:	3:11.45	33.20	700m:	7:48.63	34.98	1100m:	12:29.44	35.28	1500m:	17:10.37	33.96
	350m:	3:45.43	33.98	750m:	8:23.60	34.97	1150m:	13:04.47	35.03			
	400m:	4:19.31	33.88	800m:	8:58.38	34.78	1200m:	13:39.39	34.92			
8.	FERNANDEZ ACUÑA, Airam						07	C.N. Teneteide			17:19.94	28,00
	50m:	30.33	30.33	450m:	5:08.05	34.70	850m:	9:49.36	34.76	1300m:	15:03.16	35.37
	100m:	1:04.28	33.95	500m:	5:43.51	35.46	900m:	10:24.25	34.89	1350m:	15:38.21	35.05
	150m:	1:38.74	34.46	550m:	6:18.85	35.34	950m:	10:58.63	34.38	1400m:	16:12.70	34.49
	200m:	2:13.29	34.55	600m:	6:53.84	34.99	1000m:	11:33.02	34.39	1450m:	16:47.20	34.50
	250m:	2:47.83	34.54	650m:	7:29.25	35.41	1050m:	12:07.50	34.48	1500m:	17:19.94	32.74
	300m:	3:22.58	34.75	700m:	8:04.52	35.27	1100m:	12:42.36	34.86			
	350m:	3:58.08	35.50	750m:	8:39.43	34.91	1150m:	13:17.30	34.94			
	400m:	4:33.35	35.27	800m:	9:14.60	35.17	1250m:	14:27.79	1:10.49			
9.	ELMAALOU FERNANDEZ, Tarek Ouk06							C.N. Los Cristianos			17:24.53	27,00
	50m:	31.48	31.48	450m:	5:06.43	34.53	850m:	9:46.14	35.55	1300m:	15:06.82	35.44
	100m:	1:05.18	33.70	500m:	5:41.06	34.63	900m:	10:21.55	35.41	1350m:	15:42.93	36.11
	150m:	1:39.63	34.45	550m:	6:15.40	34.34	950m:	10:57.68	36.13	1400m:	16:17.96	35.03
	200m:	2:13.63	34.00	600m:	6:50.07	34.67	1000m:	11:33.16	35.48	1450m:	16:52.40	34.44
	250m:	2:48.30	34.67	650m:	7:25.32	35.25	1050m:	12:08.64	35.48	1500m:	17:24.53	32.13
	300m:	3:22.97	34.67	700m:	8:00.08	34.76	1100m:	12:44.03	35.39			
	350m:	3:57.45	34.48	750m:	8:35.19	35.11	1150m:	13:19.89	35.86			
	400m:	4:31.90	34.45	800m:	9:10.59	35.40	1250m:	14:31.38	1:11.49			
10.	RODRIGUEZ DIAZ, Javier						08	C.N. Teneteide			17:24.87	26,00
	50m:	30.63	30.63	450m:	5:05.45	34.85	850m:	9:47.76	35.96	1300m:	15:07.82	35.74
	100m:	1:04.18	33.55	500m:	5:40.43	34.98	900m:	10:22.98	35.22	1350m:	15:42.72	34.90
	150m:	1:38.46	34.28	550m:	6:15.11	34.68	950m:	10:58.05	35.07	1400m:	16:17.57	34.85
	200m:	2:12.55	34.09	600m:	6:50.34	35.23	1000m:	11:33.10	35.05	1450m:	16:51.87	34.30
	250m:	2:46.92	34.37	650m:	7:26.03	35.69	1050m:	12:08.42	35.32	1500m:	17:24.87	33.00
	300m:	3:21.26	34.34	700m:	8:01.29	35.26	1100m:	12:44.68	36.26			
	350m:	3:55.96	34.70	750m:	8:36.43	35.14	1150m:	13:20.54	35.86			
	400m:	4:30.60	34.64	800m:	9:11.80	35.37	1250m:	14:32.08	1:11.54			
11.	BOTELLO DE LA VEGA, Manuel						06	C.N. Los Cristianos			17:50.85	25,00
	50m:	30.43	30.43	400m:	4:35.38	36.08	750m:	8:48.74	36.54	1350m:	16:06.17	36.08
	100m:	1:03.54	33.11	450m:	5:11.54	36.16	800m:	9:25.58	36.84	1400m:	16:42.02	35.85
	150m:	1:37.60	34.06	500m:	5:47.50	35.96	850m:	10:02.08	36.50	1450m:	17:18.64	36.62
	200m:	2:12.35	34.75	550m:	6:23.21	35.71	900m:	10:38.68	36.60	1500m:	17:50.85	32.21
	250m:	2:47.95	35.60	600m:	6:59.46	36.25	950m:	11:15.26	36.58			
	300m:	3:23.29	35.34	650m:	7:35.46	36.00	1000m:	11:51.84	36.58			
	350m:	3:59.30	36.01	700m:	8:12.20	36.74	1300m:	15:30.09	3:38.25			
12.	HERNÁNDEZ MÉNDEZ, Julio						07	C.N. Martianeiz Coral Hotels			17:53.17	24,00
	50m:	30.95	30.95	400m:	4:41.04	36.87	750m:	8:54.16	35.98	1350m:	16:08.65	37.22
	100m:	1:05.34	34.39	450m:	5:17.87	36.83	800m:	9:31.22	37.06	1400m:	16:44.27	35.62
	150m:	1:40.75	35.41	500m:	5:53.89	36.02	850m:	10:07.42	36.20	1450m:	17:20.72	36.45
	200m:	2:15.95	35.20	550m:	6:29.34	35.45	900m:	10:43.80	36.38	1500m:	17:53.17	32.45
	250m:	2:51.82	35.87	600m:	7:05.55	36.21	950m:	11:19.75	35.95			
	300m:	3:28.39	36.57	650m:	7:41.83	36.28	1000m:	11:55.55	35.80			
	350m:	4:04.17	35.78	700m:	8:18.18	36.35	1300m:	15:31.43	3:35.88			
13.	SANTANA REYES, Carmelo						03	C. Telde			17:59.84	23,00
	50m:	32.11	32.11	450m:	5:13.38	36.18	850m:	10:04.25	36.22	1250m:	14:57.66	36.86
	100m:	1:06.01	33.90	500m:	5:49.64	36.26	900m:	10:40.70	36.45	1300m:	15:34.45	36.79
	150m:	1:40.28	34.27	550m:	6:25.70	36.06	950m:	11:17.27	36.57	1350m:	16:10.98	36.53
	200m:	2:14.76	34.48	600m:	7:02.07	36.37	1000m:	11:53.84	36.57	1400m:	16:47.68	36.70
	250m:	2:49.96	35.20	650m:	7:38.68	36.61	1050m:	12:30.46	36.62	1450m:	17:24.55	36.87
	300m:	3:25.42	35.46	700m:	8:14.98	36.30	1100m:	13:07.13	36.67	1500m:	17:59.84	35.29
	350m:	4:01.12	35.70	750m:	8:51.62	36.64	1150m:	13:43.94	36.81			
	400m:	4:37.20	36.08	800m:	9:28.03	36.41	1200m:	14:20.80	36.86			

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo	
14. TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz	18:07.56	22,00
50m: 31.21 31.21	450m: 5:10.20 35.61	850m: 1:00.85	1250m: 15:00.11 37.77	
100m: 1:05.03 33.82	500m: 5:46.27 36.07	900m: 10:37.62 9:36.77	1300m: 15:38.33 38.22	
150m: 1:39.08 34.05	550m: 6:22.24 35.97	950m: 11:14.57 36.95	1350m: 16:16.83 38.50	
200m: 2:13.58 34.50	600m: 6:58.60 36.36	1000m: 11:51.83 37.26	1400m: 16:54.79 37.96	
250m: 2:48.35 34.77	650m: 7:34.93 36.33	1050m: 12:29.05 37.22	1450m: 17:31.24 36.45	
300m: 3:23.33 34.98	700m: 8:11.26 36.33	1100m: 13:06.53 37.48	1500m: 18:07.56 36.32	
350m: 3:58.76 35.43	750m: 8:47.52 36.26	1150m: 13:44.34 37.81		
400m: 4:34.59 35.83	800m: 9:23.96 36.44	1200m: 14:22.34 38.00		
15. CRUZ ARTILES, Antonio	02	Salinas	18:17.40	21,00
50m: 31.87 31.87	450m: 5:24.21 36.64	850m: 10:15.46 36.96	1250m: 15:14.04 38.25	
100m: 1:06.76 34.89	500m: 6:00.06 35.85	900m: 10:52.11 36.65	1300m: 15:52.30 38.26	
150m: 1:42.52 35.76	550m: 6:35.99 35.93	950m: 11:28.93 36.82	1350m: 16:30.73 38.43	
200m: 2:19.42 36.90	600m: 7:12.30 36.31	1000m: 12:05.72 36.79	1400m: 17:08.74 38.01	
250m: 2:56.69 37.27	650m: 7:48.62 36.32	1050m: 12:42.79 37.07	1450m: 17:45.84 37.10	
300m: 3:33.67 36.98	700m: 8:25.09 36.47	1100m: 13:20.17 37.38	1500m: 18:17.40 31.56	
350m: 4:10.58 36.91	750m: 9:01.66 36.57	1150m: 13:57.83 37.66		
400m: 4:47.57 36.99	800m: 9:38.50 36.84	1200m: 14:35.79 37.96		
16. CARRETERO SANTANA, Airam	94	C. Telde	18:17.50	20,00
50m: 32.33 32.33	450m: 5:25.01 37.09	850m: 10:24.75 37.58	1250m: 15:21.13 36.66	
100m: 1:06.93 34.60	500m: 6:01.60 36.59	900m: 11:02.19 37.44	1300m: 15:58.29 37.16	
150m: 1:43.07 36.14	550m: 6:39.02 37.42	950m: 11:39.14 36.95	1350m: 16:35.08 36.79	
200m: 2:19.62 36.55	600m: 7:16.16 37.14	1000m: 12:15.88 36.74	1400m: 17:11.86 36.78	
250m: 2:56.70 37.08	650m: 7:54.23 38.07	1050m: 12:52.98 37.10	1450m: 17:46.77 34.91	
300m: 3:33.63 36.93	700m: 8:32.03 37.80	1100m: 13:30.47 37.49	1500m: 18:17.50 30.73	
350m: 4:10.70 37.07	750m: 9:09.78 37.75	1150m: 14:07.26 36.79		
400m: 4:47.92 37.22	800m: 9:47.17 37.39	1200m: 14:44.47 37.21		
17. GARCIA CASTILLO, Jose Victor	88	C.N. Martianez Coral Hotels	18:26.07	19,00
50m: 30.47 30.47	400m: 4:41.29 36.85	750m: 9:00.99 37.48	1300m: 15:55.60 38.11	
100m: 1:03.95 33.48	450m: 5:17.92 36.63	800m: 9:38.28 37.29	1350m: 16:33.33 37.73	
150m: 1:38.08 34.13	500m: 5:55.20 37.28	850m: 10:15.64 37.36	1400m: 17:11.41 38.08	
200m: 2:13.62 35.54	550m: 6:31.98 36.78	900m: 10:53.05 37.41	1450m: 17:48.93 37.52	
250m: 2:49.90 36.28	600m: 7:09.02 37.04	950m: 11:31.01 37.96	1500m: 18:26.07 37.14	
300m: 3:27.29 37.39	650m: 7:46.57 37.55	1000m: 12:08.68 37.67		
350m: 4:04.44 37.15	700m: 8:23.51 36.94	1250m: 15:17.49 3:08.81		
18. INFANTE FRANCU, Bruno	05	C.D. Zero Wattios	18:31.44	18,00
50m: 33.51 33.51	200m: 2:23.14 1:13.77	800m: 9:49.77 4:59.36		
100m: 1:09.37 35.86	400m: 4:50.41 2:27.27	1500m: 18:31.44 8:41.67		
19. TOVAR MORENO, Esteban	06	Salinas	18:47.38	17,00
50m: 32.42 32.42	450m: 5:31.36 38.28	850m: 10:37.31 38.24	1250m: 15:40.99 37.90	
100m: 1:07.84 35.42	500m: 6:09.28 37.92	900m: 11:15.42 38.11	1300m: 16:18.97 37.98	
150m: 1:45.02 37.18	550m: 6:47.54 38.26	950m: 11:53.22 37.80	1350m: 16:56.48 37.51	
200m: 2:22.43 37.41	600m: 7:25.82 38.28	1000m: 12:31.01 37.79	1400m: 17:33.65 37.17	
250m: 2:59.76 37.33	650m: 8:04.37 38.55	1050m: 13:08.59 37.58	1450m: 18:11.15 37.50	
300m: 3:37.61 37.85	700m: 8:42.54 38.17	1100m: 13:46.91 38.32	1500m: 18:47.38 36.23	
350m: 4:15.21 37.60	750m: 9:20.76 38.22	1150m: 14:25.10 38.19		
400m: 4:53.08 37.87	800m: 9:59.07 38.31	1200m: 15:03.09 37.99		
20. SIGNORELLI PACHECO, Luis	01	A.D. Santa Cruz	18:55.46	16,00
50m: 35.26 35.26	450m: 5:40.02 39.14	850m: 10:45.98 38.01	1300m: 16:27.71 38.05	
100m: 1:12.47 37.21	500m: 6:18.63 38.61	900m: 11:24.00 38.02	1350m: 17:05.98 38.27	
150m: 1:49.82 37.35	550m: 6:56.70 38.07	950m: 12:02.00 38.00	1400m: 17:43.56 37.58	
200m: 2:27.49 37.67	600m: 7:34.85 38.15	1000m: 12:40.27 38.27	1450m: 18:20.49 36.93	
250m: 3:05.47 37.98	650m: 8:13.33 38.48	1050m: 13:18.26 37.99	1500m: 18:55.46 34.97	
300m: 3:43.79 38.32	700m: 8:51.78 38.45	1150m: 14:33.79 1:15.53		
350m: 4:22.24 38.45	750m: 9:29.91 38.13	1200m: 15:11.87 38.08		
400m: 5:00.88 38.64	800m: 10:07.97 38.06	1250m: 15:49.66 37.79		

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN		Tiempo	
21. PRADERA TOUZANI, Endika	02	C.B. Dominicas Vistabella	19:10.16	15,00
50m: 32.80 32.80	450m: 5:37.51	38.50 850m: 10:48.07	38.95	1300m: 16:37.21 38.79
100m: 1:09.59 36.79	500m: 6:16.21	38.70 950m: 12:05.91	1:17.84	1350m: 17:16.23 39.02
150m: 1:47.63 38.04	550m: 6:54.79	38.58 1000m: 12:44.92	39.01	1400m: 17:54.86 38.63
200m: 2:25.90 38.27	600m: 7:33.17	38.38 1050m: 13:23.86	38.94	1450m: 18:33.62 38.76
250m: 3:03.89 37.99	650m: 8:12.22	39.05 1100m: 14:02.90	39.04	1500m: 19:10.16 36.54
300m: 3:42.52 38.63	700m: 8:51.07	38.85 1150m: 14:41.96	39.06	
350m: 4:20.72 38.20	750m: 9:30.04	38.97 1200m: 15:20.22	38.26	
400m: 4:59.01 38.29	800m: 10:09.12	39.08 1250m: 15:58.42	38.20	
22. HERNANDEZ ALONSO, Aitor	85	Esna Lanzarote	19:55.93	14,00
50m: 32.72 32.72	200m: 2:26.47	1:17.64 800m: 10:32.05	5:25.83	
100m: 1:08.83 36.11	400m: 5:06.22	2:39.75 1500m: 19:55.93	9:23.88	
23. OLIVER GARCÍA, Jesús	05	C.D. N. Bentacu-Laguna	19:58.31	13,00
50m: 33.65 33.65	450m: 5:49.90	40.59 850m: 11:10.84	40.57	1250m: 16:36.64 41.14
100m: 1:12.36 38.71	500m: 6:30.02	40.12 900m: 11:51.18	40.34	1300m: 17:17.33 40.69
150m: 1:50.94 38.58	550m: 7:09.93	39.91 950m: 12:31.95	40.77	1350m: 17:58.23 40.90
200m: 2:29.69 38.75	600m: 7:50.23	40.30 1000m: 13:12.91	40.96	1400m: 18:39.41 41.18
250m: 3:08.38 38.69	650m: 8:30.12	39.89 1050m: 13:53.40	40.49	1450m: 19:19.89 40.48
300m: 3:47.49 39.11	700m: 9:10.18	40.06 1100m: 14:33.90	40.50	1500m: 19:58.31 38.42
350m: 4:28.32 40.83	750m: 9:50.12	39.94 1150m: 15:14.73	40.83	
400m: 5:09.31 40.99	800m: 10:30.27	40.15 1200m: 15:55.50	40.77	
24. DE LA BARCENA MORENO, Jose	04	R.C. Náutico De Tenerife	20:04.06	12,00
50m: 31.46 31.46	400m: 5:06.41	41.20 750m: 9:56.05	41.20	1300m: 17:26.52 40.38
100m: 1:07.27 35.81	450m: 5:47.28	40.87 800m: 10:37.57	41.52	1350m: 18:07.12 40.60
150m: 1:45.62 38.35	500m: 6:28.02	40.74 850m: 11:18.48	40.91	1400m: 18:46.23 39.11
200m: 2:24.96 39.34	550m: 7:09.08	41.06 900m: 11:58.79	40.31	1450m: 19:27.23 41.00
250m: 3:04.72 39.76	600m: 7:50.51	41.43 1150m: 15:24.21	3:25.42	1500m: 20:04.06 36.83
300m: 3:44.94 40.22	650m: 8:32.47	41.96 1200m: 16:04.73	40.52	
350m: 4:25.21 40.27	700m: 9:14.85	42.38 1250m: 16:46.14	41.41	
25. BETANCOR ESPINO, Daniel	05	Esna Lanzarote	20:27.77	11,00
50m: 33.30 33.30	200m: 2:30.39	1:19.84 800m: 10:47.23	5:31.99	
100m: 1:10.55 37.25	400m: 5:15.24	2:44.85 1500m: 20:27.77	9:40.54	
26. SANCHEZ BELDA, Jorge	07	R.C. Náutico De Tenerife	21:39.89	10,00
50m: 34.32 34.32	400m: 5:33.18	43.82 750m: 10:42.87	45.89	1250m: 18:07.27 45.01
100m: 1:14.01 39.69	450m: 6:16.39	43.21 800m: 11:26.29	43.42	1300m: 18:51.78 44.51
150m: 1:56.31 42.30	500m: 6:59.80	43.41 850m: 12:11.59	45.30	1350m: 19:37.02 45.24
200m: 2:38.84 42.53	550m: 7:42.71	42.91 1050m: 15:08.39	2:56.80	1400m: 20:20.36 43.34
250m: 3:22.42 43.58	600m: 8:28.06	45.35 1100m: 15:53.17	44.78	1450m: 21:02.72 42.36
300m: 4:05.44 43.02	650m: 9:12.39	44.33 1150m: 16:37.87	44.70	1500m: 21:39.89 37.17
350m: 4:49.36 43.92	700m: 9:56.98	44.59 1200m: 17:22.26	44.39	
27. ORTIZ DÁVILA, Joaquín	08	C.D. N. Bentacu-Laguna	23:58.93	9,00
50m: 40.49 40.49	450m: 7:01.68	49.42 850m: 13:28.53	49.55	1250m: 20:00.67 47.34
100m: 1:25.34 44.85	500m: 7:49.12	47.44 900m: 14:16.88	48.35	1300m: 20:49.78 49.11
150m: 2:12.41 47.07	550m: 8:36.96	47.84 950m: 15:07.33	50.45	1350m: 21:36.71 46.93
200m: 3:00.65 48.24	600m: 9:25.09	48.13 1000m: 15:56.44	49.11	1400m: 22:25.92 49.21
250m: 3:48.77 48.12	650m: 10:13.18	48.09 1050m: 16:46.63	50.19	1450m: 23:13.49 47.57
300m: 4:36.96 48.19	700m: 11:01.66	48.48 1100m: 17:35.06	48.43	1500m: 23:58.93 45.44
350m: 5:25.24 48.28	750m: 11:50.88	49.22 1150m: 18:24.72	49.66	
400m: 6:12.26 47.02	800m: 12:38.98	48.10 1200m: 19:13.33	48.61	

Prueba 10
12/11/2022

Fem., 4 x 200m Libre

Absoluto Femenino
Resultados

Clasificación

							Tiempo	
1.	Metropole 1	Metropole					8:54.81 38,00	
	RUIZ REYES, Raquel	07	31.27	33.75	34.35	34.28	2:13.65	
	BUSTO HERNANDEZ, Isabel	07	0.00	30.57	33.64	35.30	35.48	2:14.99
	HENRIQUEZ HERNANDEZ, Nefertiri	06	0.00	29.94	33.54	34.40	34.75	2:12.63
	SANTANA DRAGO, Leire	07	0.00	31.42	33.47	34.25	34.40	2:13.54
2.	C.D.N. Nadamas Las Marinas 1	C.D.N. Nadamas Las Marinas					8:54.94 32,00	
	DENBY, Kennedy Hope	05	30.92	33.51				2:12.34
	JAEN SERRA, Naira	08	30.63	34.89				2:17.74
	VAZQUEZ HDEZ, Lucia	06	29.82	33.65				2:11.29
	MARTIN CHRISTIANSEN, Nadia	05	29.76	33.59				2:13.57
3.	Esna Lanzarote 1	Esna Lanzarote					8:55.72 28,00	
	GONZALEZ MONTELONGO, Julia	08	32.28	34.38				2:17.19
	RIJO MARTIN, Sara	08	29.96	33.17				2:11.53
	BARRIOS CORUJO, Maria	07	30.59	33.83				2:15.28
	PEREZ MUÑOZ, Claudia	08	29.87	33.12				2:11.72
4.	C.N. Teneteide 1	C.N. Teneteide					9:02.17 26,00	
	BASILI, Veronica	08	31.08	33.36	33.87	34.15		2:12.46
	PORRERO MARTIN, Lucia	08	31.11	34.47	34.58	33.70		2:13.86
	GARCIA BETHENCOURT, Raquel	07	30.54	34.96	37.68	38.49		2:21.67
	EXPOSITO AFONSO, Maria	02	30.56	33.57	35.01	35.04		2:14.18
5.	LasPalmas 1	LasPalmas					9:09.01 24,00	
	GARCIA GARCIA, Lucia	05	31.40	34.33	35.65	35.47		2:16.85
	ARTILES CARBALLO, Irene	96	0.00	31.73	34.79	35.91	34.93	2:17.36
	MEJIAS INGLOTT, Valeria	08	0.00	31.05	34.37	36.31	35.53	2:17.26
	ANGULO FALCON, Cristina	06	0.00	30.98	34.88	36.33	35.35	2:17.54
6.	C.N. Reales 1	C.N. Reales					9:23.84 22,00	
	HERNÁNDEZ MARTÍN, Carla	08	32.02	34.98	35.66	35.31		2:17.97
	WOLGESCHAFFEN FERNANDEZ, Patricia	09	32.00	36.58	38.69	40.21		2:27.48
	SCARPA, Barbara	08	32.57	35.82	37.58	37.22		2:23.19
	LABRADOR CASTILLA, Paula Daopin	05	30.51	34.02	35.99	34.68		2:15.20
7.	C.N. Los Cristianos 1	C.N. Los Cristianos					9:24.84 20,00	
	GARABATOS RODRIGUEZ, Susana	79	31.50	34.02	34.96	35.50		2:15.98
	CAPLLONCH DE UÑA, Lucia	05	32.39	36.34	37.52	37.11		2:23.36
	SAIZ PEREZ, Mar	08	33.48	36.34	37.57	36.78		2:24.17
	MENDOZA HERNANDEZ, Natalia	05	31.20	35.66	37.75	36.72		2:21.33
8.	C.N. Martianez Coral Hotels 1	C.N. Martianez Coral Hotels					9:29.54 18,00	
	SOSA HERNANDEZ, Andrea Esther	04	29.52	33.02	35.02	35.35		2:12.91
	HERNÁNDEZ CABO, Sofía	06	33.31	37.91	39.13	39.00		2:29.35
	PÉREZ DELGADO, Alba	06	33.06	36.14	37.06	37.03		2:23.29
	SOSA GARCIA, Victoria	05	32.43	35.89	37.53	38.14		2:23.99
9.	R.C. Náutico De Tenerife 1	R.C. Náutico De Tenerife					9:34.88 16,00	
	DIAZ SUAREZ, Mariela	03	32.61	35.42	37.02	36.21		2:21.26
	SANCHEZ CABAÑAS, Naira	00	30.62	34.50	37.33	36.81		2:19.26
	FERNANDEZ CHICO, Carmen	06	31.95	37.77	41.20	40.71		2:31.63
	GARCIA LOPEZ, Marta	03	32.36	35.98	37.37	37.02		2:22.73
10.	Aguacan 1	Aguacan					9:41.02 14,00	
	DE CASTRO URQUIOLA, Helena	04	33.17	36.12	40.12	41.56		2:30.97
	MAÑOJIL CABRERA, Eva	02	0.00	30.73	35.85	39.73	40.22	2:26.53
	CURBELO TEJERA, Laura	01	0.00	32.15	35.68	37.64	38.99	2:24.46
	GIL FALCON, Paula	01	0.00	31.34	34.52	36.08	37.12	2:19.06
11.	Salinas 1	Salinas					9:43.75 12,00	
	PULIDO SOSA, Valeria	10	32.55	36.42	37.95	35.52		2:22.44
	DIAZ RODRIGUEZ, Grisela	02	0.00	31.71	36.48	37.97	37.86	2:24.02
	QUESADA GARCIA, Yanel	04	0.00	33.16	37.46	38.46	36.94	2:26.02
	FERNANDEZ ANDRES, Lola	11	0.00	33.97	37.79	40.06	39.45	2:31.27

Prueba 10, Fem., 4 x 200m Libre, Absoluto Femenino

Clasificación				Tiempo			
12.	A.D. Santa Cruz 1			A.D. Santa Cruz			9:50.40 10,00
	HERNANDEZ SANCHEZ, Lara	02		32.81	35.55	36.38	36.31 2:21.05
	HERNANDEZ ALMENARA, Laia	08		33.23	37.90	40.33	38.95 2:30.41
	CABRERA BLANCO, Irina	04		35.84	40.54	42.14	40.15 2:38.67
	CALVICHE FERNANDEZ, Nazaret	87		33.27	35.64	36.11	35.25 2:20.27
13.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella			9:51.61 8,00
	GONZÁLEZ QUINTANA, Valeria	08		32.41	36.08	38.55	38.50 2:25.54
	SOCAS REYES, Enma	07		33.49	39.46	42.49	41.30 2:36.74
	GARRIDO ALONSO, Lucia	09		31.45	36.59	39.51	37.48 2:25.03
	DUQUE BROUARD, Elena	10		33.00	36.51	37.71	37.08 2:24.30
14.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna			10:03.92 6,00
	PERDOMO DEL CASTILLO, Noa	07		32.71	36.09	38.99	38.78 2:26.57
	RODRÍGUEZ GARCÍA, Iris	07		33.77	40.40	44.47	42.40 2:41.04
	PADRÓN ORTIZ, Lucía	03		34.13	39.73	40.88	38.87 2:33.61
	NODA SÁEZ, Isabel	06		31.64	37.04	38.72	35.30 2:22.70
15.	C.D. Herbania 1			C.D. Herbania			10:16.52 4,00
	DIAZ CORTES, Nerea	06		34.65	40.62		2:40.40
	GARCIA GONZALEZ, Sara	06		31.82	37.01		2:28.69
	PEREZ LUIS, Lucia	08		35.86	40.15		2:41.09
	DE LEON NERCELLAS, Noah	05		32.56	36.00		2:26.34
16.	C.D. Nonadamos 1			C.D. Nonadamos			10:22.78 2,00
	BINEATA SARGHI, Beatrice Valeria	07		36.27	40.27		2:36.76
	DIAZ PASTORIZA, Iria	05		33.81	38.80		2:34.46
	ACUÑA VANKOVA, Bianca	08		34.51	38.56		2:34.30
	SARABIA OUBIÑA, Ariadna	08		35.00	39.11		2:37.26
DSQ	C. Telde 1			C. Telde			-
	SANTANA FLORES, Ainhoa	01		32.24	35.74		2:23.01
	PEREZ SUAREZ, Laura	01	0.00				
	GIMENEZ CASTILLA, Maria	07	0.00				
	PULIDO MAYOR, Sheila	98	0.00				

Prueba 11 Masc., 4 x 100m Libre Absoluto Masculino
12/11/2022 Resultados

Clasificación				Tiempo			
1.	Metropole 1			Metropole			3:30.88 38,00
	RODRIGUEZ VEGA, Enrique	25.18		52.44	SANTANA RAMIREZ, Ángel	0.00	25.12 52.59
	VEGA SOSA, Juan Iriney	0.00 26.17		54.37	HERRERA TORRES, Carlos	0.00	24.66 51.48
2.	LasPalmas 1			LasPalmas			3:31.52 32,00
	REY VALERA, Jose Gabriel	25.30		53.67	SANCHEZ JIMENEZ, Bruno	0.00	25.14 52.73
	MORERA SANCHEZ, Enrique	0.00 24.94		52.27	MORALES PULIDO, Kevin Jesus	0.00	25.09 52.85
3.	A.D. Santa Cruz 1			A.D. Santa Cruz			3:37.72 28,00
	CHIVILEV, Arseniy	01 24.21		50.83	LUIS ALVAREZ, Oscar	02	26.34 54.95
	GUILLEN PEÑA, Victor	02 26.81		56.02	CERES, Inti	05	26.80 55.92
4.	Esna Lanzarote 1			Esna Lanzarote			3:39.78 26,00
	FDEZ BERMUDEZ, Iker	06 27.44		56.27	PEREZ MUÑOZ, Oscar	05	26.66 54.82
	ARANDA GALLEGO, Jose Juan	75 25.72		55.85	RIJO MARTIN, Hugo	05	25.30 52.84
5.	R.C. Náutico De Tenerife 1			R.C. Náutico De Tenerife			3:40.15 24,00
	GUADALUPE NEGRIN, Jorge Rams03	25.73		54.01	RODRIGUEZ MARTIN, Eric	98	25.95 55.20
	HILARIO REYES, Hugo	00 27.09		56.18	GARCIA LOPEZ, Javier	99	25.64 54.76
6.	C.N. Reales 1			C.N. Reales			3:41.97 22,00
	HOLZENDORF DIONIS, Thomas	97 25.49		53.54	BELLO HERNANDEZ, Sergio	04	26.54 56.14
	RAMOS DELGADO, Ricardo	07 26.85		57.15	RAMOS DELGADO, Gabriel	05	26.35 55.14
7.	C.N. Teneteide 1			C.N. Teneteide			3:42.39 20,00
	BELAMENDIA COTORRUELO, Gera07	26.15		55.49	PORRERO MARTIN, Jorge	07	24.99 53.95
	MAUDES DOMENECH, Daniel	05 25.57		54.54	CHAVES RODRIGUEZ, Cristian	07	27.45 58.41

Prueba 11, Masc., 4 x 100m Libre, Absoluto Masculino

Clasificación						Tiempo	
8.	Salinas 1	Salinas		3:46.98	18,00		
	MARTIN BETANCOR, Danilo	26.90	56.51	GUTIERREZ BRITO, Ethan	0.00	27.41	57.29
	VALLEJO BUCK, Manuel	0.00 28.13	56.39	MARTEL OJEDA, Raul Jose	0.00	27.19	56.79
9.	C.N. Los Cristianos 1	C.N. Los Cristianos		3:47.17	16,00		
	CAPLLONCH DE UÑA, Ismael	07 26.56	54.53	MARTIN VELAZQUEZ, Iker	05	27.56	57.75
	LATTANZIO ORTIVEROS, Kevin	Al05o 26.27	55.13	SANCHEZ FERNANDEZ, Gregory	09	28.03	59.76
10.	C.D.N. Nadamas Las Marinas 1	C.D.N. Nadamas Las Marinas		3:48.15	14,00		
	JAEN SERRA, Andreu	06 27.92	57.70	LORENÇO FERREIRA, Gustavo	06	26.60	55.85
	CABRERA GUADALUPE, Javier	05 28.40	58.29	DE ARMAS DELGADO, Juan Jose	07	27.06	56.31
11.	C.N. Martianez Coral Hotels 1	C.N. Martianez Coral Hotels		3:51.79	12,00		
	MARTÍN GARCÍA, Mario	04 27.67	58.15	GONZÁLEZ TÜMMERS, Pablo	04	27.02	59.07
	DEVORA CHINEA, Diego	05 26.93	57.81	GARCIA CASTILLO, Jose Victor	88	26.93	56.76
12.	Aguacan 1	Aguacan		3:58.25	10,00		
	DOS REIS SANTANA, Alejandro	28.11	59.13	CHAVARREN CORUJO, Asier	0.00	27.26	58.12
	SANTANA VALIDO, Alan	0.00 30.46	1:04.70	CERPA CABALLERO, Jonay Salv	0.00	26.82	56.30
13.	C.B. Dominicas Vistabella 1	C.B. Dominicas Vistabella		4:01.84	8,00		
	MORENO ALVAREZ, Alexis	08 28.56	1:00.46	DUQUE BROUARD, Daniel	08	29.24	1:02.72
	RAVELO SUAREZ, Antonio Jesus	09 29.52	1:00.59	PRADERA TOUZANI, Endika	02	27.85	58.07
14.	C.D. Herbania 1	C.D. Herbania		4:06.11	6,00		
	AVERO RODRIGUEZ, Aday	07 27.27	57.19	TORREIRO MARTINEZ, Carlos	06	29.77	1:03.06
	TOBAL FEBLES, Gabriel	10 31.74	1:06.86	SUAREZ MONTERO, Nicolas	07	27.17	59.00
15.	C.D. N. Bentacu-Laguna 1	C.D. N. Bentacu-Laguna		4:07.03	4,00		
	CURTIS LORENZO, Nathan	07 27.71	57.84	HERRERA DEVORA, Kevin	00	28.78	1:01.85
	SEGURA DOMÍNGUEZ, Agustín	04 30.41	1:05.38	RODRÍGUEZ GARCÍA, Iker	05	28.33	1:01.96
16.	C. Telde 1	C. Telde		4:10.79	2,00		
	RAMIREZ MORALES, Sergio C.	26.47	56.44	OUBIÑA CORVALAN, Marcos A	0.00	31.48	1:00.62
	CARAMÉS HUERTAS, Oriol	0.00 31.60	1:06.81	CAMPANALUNGA MORALES, En	0.00	31.48	1:06.92
17.	C.D. Nonadamos 1	C.D. Nonadamos		4:22.52	-		
	PADRON MARTIN, Echedey	07 29.52	1:01.54	HERNANDEZ HERNANDEZ, Alejanc	98	31.83	1:06.50
	HIDALGO CARABALLO, Gabriel	08 32.53	1:08.16	SEPULVEDA REAL, Aday	07	30.23	1:06.32